

## **Alpha at St Paul's** **Mondays at 7:30pm**

Whatever you think about life, faith, meaning and God, we would love for you to join us and bring your questions! Coffee and cake will be provided at each session. For more information please see Hannah or email her at :  
[curate@stpaulsyork.org.uk](mailto:curate@stpaulsyork.org.uk)

## **New Housegroup** **Starts Tuesday 23rd January**

John is starting a new housegroup which will be meeting at his house. Please contact the office for details.

## **Reading the Bible Together** **Thursdays, 12:15-1:15pm, in church**

This spring we will read and explore the Book of Genesis, chapters 37-50 on Thursdays. Everyone is welcome, regardless of how used you are to reading the Bible, or whether you are able to attend regularly or only occasionally. We look forward to seeing you, Vladimir and Jayne Andrie.

## **Kaleidoscope Bible Reading** **Monday 29th January, 7-8pm at St Paul's**

Please tell friends or relatives who, because of additional needs, would appreciate an accessible way into the bible. Refreshments are available. Contact Lucy Brencher for more details.

## **Men's Breakfast** **Saturday 3rd February, 7:45 - 9:30am**

Come along for some fellowship - and of course a full English! Please let Mark Robinson know if you want to come: ([heatherandmarkrobinson@hotmail.com](mailto:heatherandmarkrobinson@hotmail.com))

## **New here?**

Please do have a word with me after the service and ask for a Welcome leaflet.

*John Lee*

## **Services**

8:45  
Morning Service  
10:30  
Service  
6:30  
Encounter

## **28th January**

8:45  
Morning Service  
10:30  
Service  
6:30  
Encounter  
Communion

**St Paul's Church**  
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**Rector**  
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Ian Gardiner  
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Janet Leigh  
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**Vergers**  
Chris Wooldridge

## **Time to Talk - Coffee Morning**

**Sat 3rd Feb, 10:30am-1:30pm, at church**

Around 1 in 4 people will experience a mental health problem this year, yet the shame and silence can be as bad as the mental health problem itself. Your attitude to mental health could change someone's life. We would like to invite you to be that change by helping us host a coffee morning to encourage people to talk about mental health. The hope is that the Time to Talk banners outside will encourage passers-by to drop in for coffee and a chat. In addition, there will be a small group of us sewing "A positive note" for mental health which we will then give to Rachael Maskell MP, to help raise awareness of mental health issues in York. The positive note campaign is being run by the Craftivist Collective in collaboration with MIND and any donations on the day will go to York MIND. You can support us through prayer, by providing delicious baked goods, making and serving coffee, by bringing a friend and calling in for a coffee and a chat and by being crafty. Please speak to Liz or David Wooldridge to let us know if and how you would like to be involved or email: [thewoolies2@ntlworld.com](mailto:thewoolies2@ntlworld.com)

## **Carols at Carol's!**

A huge thank you to all who turned out on a cold evening to help raise the roof at Christmas Lodge! They said it was "absolutely fantastic and they couldn't be more grateful". Carol was ill over Christmas but better now. Please keep her in your thoughts and prayers and if you know her well, she would appreciate a visit now and then. Ali Sweasey.

## **Stephen & Cath McGoldrick**

The McGoldrick's latest newsletter is on the Mission Partners board at the side of church.